



### **Chaitanya Institute for Mental Health, Nepal**

House no. 60, Pasikot, Budhanilkantha, Kathmandu, Nepal

Email: [chaitanyarehabnepal@gmail.com](mailto:chaitanyarehabnepal@gmail.com) [www.chaitanyarehabnepal.com](http://www.chaitanyarehabnepal.com)

Mobile: +977-9824973433 (Areet Narang Bastola). Phone: +977-1-4370324

#### **Employment Position of Visiting Psychiatrist**

Chaitanya Institute for Mental Health initiated its work in the field of psychosocial rehabilitation to address the mental health challenges in Nepal. Chaitanya's goal is to reintegrate the chronic mentally ill persons back into their families and society. It believes in compassionate care towards the physical and mental well-being of individuals in a therapeutic relationship of trust.

Chaitanya Institute for Mental Health is a leading institution to provide adequate human resources, promote quality mental health care services across the country, increase public awareness of mental health issues and contribute to policy making. It has extensively reached out to, and worked with, various communities; institutions (academic, governmental bodies and non-governmental organizations), and carried out vigorous community outreach programs.

#### **Roles and Responsibilities of the Visiting Psychiatrist**

- Prescribe, direct, or administer psychotherapeutic treatments or medications to treat mental, emotional, or behavioral disorders.
- Treat patients using psychological therapies.
- Prescribe treatments or therapies.
- Prescribe medications.
- Gather and maintain patient information and records, including social or medical history obtained from patients, relatives, or other professionals.
- Collect medical information from patients, family members, or other medical professionals.
- Record patient medical histories.
- Design individualized care plans, using a variety of treatments.
- Develop medical treatment plans.
- Collaborate with physicians, psychologists, social workers, psychiatric nurses, or other professionals to discuss treatment plans and progress.
- Collaborate with healthcare professionals to plan or provide treatment.
- Analyze and evaluate patient data or test findings to diagnose nature or extent of mental disorder.
- Analyze test data or images to inform diagnosis or treatment.
- Examine or conduct laboratory or diagnostic tests on patients to provide information on general physical condition or mental disorder.
- Examine patients to assess general physical condition.
- Counsel outpatients or other patients during office visits.
- Advise patients on effects of health conditions or treatments.

- Advise or inform guardians, relatives, or significant others of patients' conditions or treatment.
- Explain medical procedures or test results to patients or family members.
- Maintain medical or professional knowledge.
- Review and evaluate treatment procedures and outcomes of other psychiatrists or medical professionals.
- Prepare and submit case reports or summaries to government or mental health agencies.
- Prepare official health documents or records.
- Prepare reports summarizing patient diagnostic or care activities.

**Qualification and Experience: MD in Psychiatrist**

Preferably MD in Psychiatry, or Diploma Course in Psychiatry or Diplomate of National Board (DNB) Psychiatry with a minimum of 2 years of experience. Graduating students are encouraged to apply.

To know more about Chaitanya Institute for Mental Health visit [www.chaitanyarehabnepal.com](http://www.chaitanyarehabnepal.com).

If interested, please share your updated CV with a cover letter explaining why you consider yourself suitable to the position, to the email id [chaitanyarehabnepal@gmail.com](mailto:chaitanyarehabnepal@gmail.com).